

Workplace Wellbeing Workshop



Randex Health will be hosting a workshop highlighting the success of employee health in the workplace.

Health awareness is key for employees and your health matters to us! Randex Health packages provide more than just a health check or assessment they are a full-body health MOT.

Randex Health's focus for the workshop will be Mental Health and have invited 2 guest speakers to attend.

Kim Rutherford

Kim is a qualified trainer, coach and therapist specialising in mental wellness strategies. She has worked within organisational development and now manages her own company, Dalton Wise Coaching and Therapy.

Meg Fenner

Meg is an experienced human resources director and skilled in strategic business partnering, executive coaching, talent management and employee relations.

In association with

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12:00 - 14:00

Wednesday
4th March, 2020



Exchange Station
Tithebarn street
Liverpool
L2 2QP